



## Traumatic Brain Injury Information

A traumatic brain injury (TBI) is defined as a blow or jolt to the head or a penetrating head injury that disrupts the function of the brain. Not all blows or jolts to the head result in a TBI. The severity of such an injury may range from "mild," i.e., a brief change in mental status or consciousness to "severe," i.e., an extended period of unconsciousness or amnesia after the injury. A TBI can result in short or long-term problems with independent function.

- [Traumatic Brain Injury.com](#)
- [National Institute of Neurological Disorders](#)
- [National Institute of Health](#)
- [Traumatic Brain Injury: Hope Through Research](#)
- [Living With a Brain Injury](#)
- [Helpful Organizations](#)

## Helpful Organizations:

### **Acoustic Neuroma Association**

600 Peachtree Parkway  
Suite 108  
Cumming, GA 30041  
[info@anausa.org](mailto:info@anausa.org)  
<http://www.anausa.org>  
Tel: 770-205-8211 877-200-8211  
Fax: 770-205-0239/877-202-0239

### **Brain Trauma Foundation**

523 East 72nd Street  
8th Floor  
New York, NY 10021  
<http://www.braintrauma.org>  
Tel: 212-772-0608  
Fax: 212-772-0357

### **National Rehabilitation Information Center (NARIC)**

4200 Forbes Boulevard  
Suite 202  
Lanham, MD 20706-4829  
[naricinfo@heitechservices.com](mailto:naricinfo@heitechservices.com)  
<http://www.naric.com>  
Tel: 301-459-5900/301-459-5984 (TTY) 800-346-2742  
Fax: 301-562-2401

### **National Institute on Disability and Rehabilitation Research (NIDRR)**

U.S. Department of Education Office of Special  
Education and Rehabilitative Services  
400 Maryland Ave., S.W.  
Washington, DC 20202-7100  
<http://www.ed.gov/about/offices/list/osers/nidrr>  
Tel: 202-245-7460 202-245-7316 (TTY)

### **Brain Injury Association of America, Inc.**

1608 Spring Hill Rd  
Suite 110  
Vienna, VA 22182  
[braininjuryinfo@biausa.org](mailto:braininjuryinfo@biausa.org)  
<http://www.biausa.org>  
Tel: 703-761-0750 800-444-6443  
Fax: 703-761-0755

### **Family Caregiver Alliance/ National Center on Caregiving**

180 Montgomery Street  
Suite 1100  
San Francisco, CA 94104  
[info@caregiver.org](mailto:info@caregiver.org)  
<http://www.caregiver.org>  
Tel: 415-434-3388 800-445-8106  
Fax: 415-434-3508

### **National Stroke Association**

9707 East Easter Lane  
Suite B  
Centennial, CO 80112-3747  
[info@stroke.org](mailto:info@stroke.org)  
<http://www.stroke.org>  
Tel: 303-649-9299 800-STROKES  
(787-6537)  
Fax: 303-649-1328